



mediBall[®] Pro

The mediBall[®] Pro is the world's best Swiss ball!

✦ **Australian made** – the mediBall[®] Pro is the only Australian made swiss ball.

✦ **500kg burst resistance** – the mediBall[®] Pro will not explode like a lot of cheaper balls. If punctured, the mediBall[®] Pro will slowly deflate giving the user time to get off the ball, greatly reducing any risk of injury.

✦ **Independently tested** – The mediBall[®] Pro was developed and tested at the University of Newcastle.

✦ **Designed to retain shape** – the bands or stripes running down the sides of the mediBall[®] Pro create panels, which resist deformation when under a load.

✦ **Strong resistance to wear, tear and stretching** – the mediBall[®] Pro is made from a unique material called Duralon, a cellular PVC material and has been purpose made for the fitness industry. Most swiss balls are made by toy manufacturers who have simply modified toy balls to do something they are not designed to do.

✦ **AOK Health quality guaranteed** – AOK only use the highest quality raw materials in the manufacture of our products and every mediBall Pro is inflated and tested in the factory before being shipped for distribution.

FAQ

Why is anti burst important?

Burst resistance is critical! Burst resistance refers to the ball's ability to deflate slowly rather than bursting abruptly when punctured. Swiss balls are not indestructible and the mediBall[®] Pro will take about 30 seconds to deflate if punctured. This gives the user time to stabilise and regain their balance, greatly reducing risk of injury.

I don't weigh 500kg, why would I need the ball to be burst resistant to 500kg?

When sitting or exercising on a swiss ball, the impact of your weight is far greater than your static body weight. This is called impact loading. The impact load can easily be 2 and half times your body weight. So for an 80kg person the impact load could easily exceed 200kg!

What is the point of the stripes/bands? Is it just for appearance?

The stripes or panels of the mediBall[®] Pro are designed to withstand deformation when the mediBall[®] is placed under load. That is to say, that the mediBall[®] Pro has been engineered to retain its shape, not to go egg shaped like inferior balls. The smaller the base of support (how much is touching the ground) the more effective the ball is at teaching the body to stabilise so if the ball becomes deformed or goes egg shaped it is less effective than a ball that maintains its roundness.

Why doesn't the mediBall[®] have a pump?

The mediBall[®]Pro comes with an adaptor

How long will it last?

Like car tyres, the more often you use the mediBall[®]Pro, the more regularly you will need to replace your ball. You should also check your ball regularly to ensure that it is not damaged and read the Care & Use Instructions carefully to prolong the life of your mediBall[®]Pro.

Why should I pay more for the mediBall[®]Pro? OR Why is the mediBall[®]Pro more expensive than other balls?

The mediBall[®]Pro is simply the best Swiss ball on the market. The mediBall[®] will last longer, will retain its shape (won't go egg shaped), is more resistant to wear and tear and is Australian made. AOK sell many mediBalls[®] to customers who have used inferior balls and have realised the advantages and value of using the mediBall[®]Pro. AOK have been manufacturing the world's best Swiss balls for over 10 years and have less than 1% manufacturing fault rate. You get what you pay for! And the quality of the mediBall[®]Pro is guaranteed.

Ask yourself, how does the mediBall[®]Pro compare to other swiss balls? How many returns do we get of the AOK mediBall's compared to other balls we sell?

Make sure you have an appropriately inflated mediBall[®] on display so you can show your customers the difference. AOK also have a range of complimentary products such as the 'mediBall[®]Basics' video and exercise wall chart which sell themselves! If customers are looking to buy a Swiss ball (mediBall[®]Pro or otherwise) make sure they know you also have products which will guide them in the use of their Swiss ball. Make them visible and close by, so even if you aren't there to help them, you can make easy sales.

